**Object-Relational Mapping (ORM)** is a technique that allows you to manipulate data in a relational database using object-oriented programming. It bridges the gap between objects in your code and the tables in a database, making it easier to work with data.

Here are **five free reference links** where you can learn more about ORM:

1. [**Baeldung on Computer Science**](https://www.baeldung.com/cs/object-relational-mapping): This tutorial provides an in-depth exploration of what ORM is, how it works, and why you should use it. [It covers various aspects of ORM and its advantages1](https://www.baeldung.com/cs/object-relational-mapping).
2. [**Wikipedia - Object-Relational Mapping**](https://en.wikipedia.org/wiki/Object%E2%80%93relational_mapping): A comprehensive overview of ORM, including how it converts data between relational databases and object-oriented programming languages[2](https://en.wikipedia.org/wiki/Object%E2%80%93relational_mapping).
3. [**FreeCodeCamp**](https://www.freecodecamp.org/news/what-is-an-orm-the-meaning-of-object-relational-mapping-database-tools/): Learn about the meaning of ORM and how it connects object-oriented programming to relational databases[3](https://www.freecodecamp.org/news/what-is-an-orm-the-meaning-of-object-relational-mapping-database-tools/).
4. [**Techopedia**](https://www.techopedia.com/definition/24200/object-relational-mapping--orm): A concise definition of ORM as a programming technique that connects object code to a relational database[4](https://www.techopedia.com/definition/24200/object-relational-mapping--orm).
5. [**Django ORM Tutorial**](https://www.pythontutorial.net/django-tutorial/django-orm/): Dive into Django’s ORM, which allows you to interact with various relational databases using Python. [The tutorial covers setting up a project, connecting to PostgreSQL, and basic ORM usage](https://www.baeldung.com/cs/object-relational-mapping)[5](https://www.pythontutorial.net/django-tutorial/django-orm/).

Happy learning! 🚀